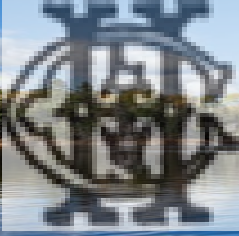


# HAM LAKE SENIOR CENTER



## NEWSLETTER

### WELCOME!

Published by:  
Ham Lake Senior Center Inc.

Issue 36

Address  
15544 Central Ave. NE  
Ham Lake, MN 55304

Phone  
763-434-0455

Office Hours  
Mon – Thurs: 8:00am to 3:30 pm

Website  
[www.hamlakemn.gov/community/senior/home](http://www.hamlakemn.gov/community/senior/home)

Email  
[hamlakeseniorcenter@yahoo.com](mailto:hamlakeseniorcenter@yahoo.com)

Ham Lake Senior Center is a nonprofit corporation supported by volunteers, fundraisers and donations. All donations are greatly appreciated. We are open to anyone 55 and older.

**SENIOR DINING** on Monday & Wednesday @ noon. \$7 for 55+, \$10 for anyone else. Please call by Wednesday noon for Monday reservation and by Monday noon for Wednesday reservation.

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## DECEMBER 2025



### Christmas Celebration with Friends

We look forward to seeing all of our friends on Wednesday December 17th at 12:00 noon. Music by Dick Szyplinski will be playing from 11-12:30. Lunch \$10.00....and stay for the Jam Session starting at 1pm. We will have Christmas treats prior to lunch. If you would like to share something you made, please bring in by 11:30. Thank you.



**UnDecorate** for Christmas on Friday, December 26 at 10am. All help appreciated. Volunteer hours.

Senior Center will be **closed** on December 24th and 25th in observance of Christmas. No activities.

The Senior Center would like to wish everyone a

# Merry Christmas!



and a



# Happy New Year!

**BOARD MEETING - MONDAY, DECEMBER 8, 2025 @ 9AM**

**WINTER STORM RULES**

The Senior Center will be following the policy of Anoka-Hennepin School District #11. If they close, so will the Senior Center. Check your local TV.



5	9		3	8				
4			2		5		3	
		3				5		9
		7		2		3	4	
8			5		4			1
	1	4		7		2		
2		9				4		
	3		4		7			2
				5	2		6	3

**PROTECT YOUR CREDIT**

To keep others from opening accounts in your name, put a credit freeze on your accounts at all three credit bureaus. Experian. TransUnion, Equifax

**Ham Lake Lions 52nd Annual Christmas Dinner for Senior Citizens**

Sunday, December 7, 2025

4pm - Entertainment

5pm - Dinner

6:30 - Visit from Santa Claus

Glen Cary Lutheran Church

15531 Central Av NE (across from City Hall)

Ham Lake MN 55304

All seniors from the area are invited to attend.

No reservations are required and there is no charge to attend.

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763-576-0882 • [SavannahOaksMN.com](http://SavannahOaksMN.com)



## Upcoming Defensive Driving Courses being held by Precisions Driving Center at Ham Lake Senior Center

For those 55 and older. Registration required. You will need to call **1-888-234-1294** to register for classes or go to [www.DriverDiscountProgram.com](http://www.DriverDiscountProgram.com)

**4 Hour Refresher Course:** You need to take this every 3 years and time flies so make sure you are current. The fee is \$24 for the 4 hour class.

### 2026 classes:

- Tuesday, March 31 - 11am to 3pm
- Friday, June 5th - 11am to 3pm
- Friday, August 21st - 11am to 3pm
- Friday, October 16th - 11am to 3pm
- Friday, November 13th - 11am to 3pm

If you are 55 or over and take these courses, state law requires that your insurance company give you a 10% discount if you attend a 4 hour refresher course every 3 years.

## Recipe of the Month: Bread Pudding

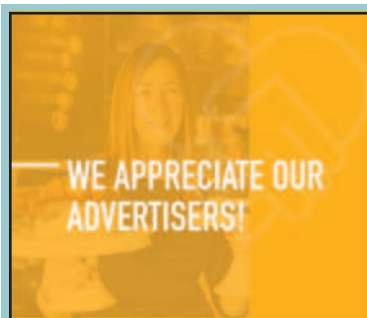
- 1 loaf of cinnamon bread
- 1/2 c raisins, optional
- 8 eggs
- 4 c milk
- 1 c brown sugar
- 1 T cinnamon
- 2 tsp vanilla

Cube the bread into a sprayed 9x9 pan. Beat the eggs and then mix in the other ingredients. Let sit for 10-15 minutes to let the bread soak up the milk. Bake at 350 for 1 hour.

### Bread Pudding Sauce:

- 1 c whole milk (you can use 2%)
- 2 T butter
- 1/3 c brown sugar
- 1 tsp vanilla
- 1 T flour or 1 1/2 tsp cornstarch

Mix together in saucepan. Boil for 3-4 minutes. Let stand for 10 minutes and then serve over warm bread pudding.



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1440 Bunker Lake Boulevard NW Andover, MN 55304



# DECEMBER 2025

MON	TUES	WED	THURS	FRI
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>9:00 am</b> Vet Coffee <b>10:00 am</b> Craft Group <b>12 noon</b> Senior Dining <b>1pm</b> Hand-Foot-Toe	<b>9:00 am</b> Exercise	<b>9:00 am</b> Wii bowling <b>10:00 am</b> Wood Carving <b>12 noon</b> Senior Dining	<b>9:00 am</b> Exercise <b>12:30 pm</b> 500 cards	Closed
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>9:00 am</b> Vet Coffee <b>9:00 am</b> Board Meeting <b>10:00 am</b> Craft Group <b>12 noon</b> Senior Dining <b>1pm</b> Hand-Foot-Toe	<b>9:00 am</b> Exercise	<b>9:00 am</b> Wii bowling <b>10:00 am</b> Wood Carving <b>12 noon</b> Senior Dining <b>12:45</b> Bingo	<b>9:00 am</b> Exercise <b>12:30 pm</b> 500 cards <b>7:00 pm</b> Jam Session(may be last session until spring)	Closed
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>9:00 am</b> Vet Coffee <b>10:00 am</b> Craft Group <b>12 noon</b> Senior Dining <b>1pm</b> Hand-Foot-Toe	<b>9:00 am</b> Exercise	<b>9:00 am</b> Wii bowling <b>10:00 am</b> Wood Carving <b>11:00-12:30</b> Music by Dick Szyplinski <b>12 noon</b> Senior Dining Christmas Lunch \$10 <b>1:00</b> Jam Session	<b>9:00 am</b> Exercise <b>12:30 pm</b> 500 cards	Closed
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>9:00 am</b> Vet Coffee <b>10:00 am</b> Craft Group <b>12 noon</b> Senior Dining <b>1pm</b> Hand-Foot-Toe	<b>9:00 am</b> Exercise <b>10 -3 Red Cross Blood Drive Register Now!</b>	Closed	Closed	Closed <b>10:00 am</b> Undecorate
<b>29</b>	<b>30</b>	<b>31</b>		
<b>9:00 am</b> Vet Coffee <b>10:00 am</b> Craft Group <b>12 noon</b> Senior Dining <b>1pm</b> Hand-Foot-Toe	<b>9:00 am</b> Exercise	<b>10:00 am</b> Wood Carving <b>12 noon</b> Senior Dining Birthday <b>1:00 pm</b> Closed		

## Ham Lake Senior Center Menu

Each week there is Senior Dining on Monday and Wednesday. RESERVATIONS ARE NEEDED. Please call 2 days in advance (Monday by noon for Wednesday and Wednesday by noon for Monday). The cost of the meals are \$7 for anyone 55+ otherwise \$10. Home Cooked Meals. If you can't make it for your reservation, please call to cancel.

### DECEMBER 2025

MON	TUES	WED
<b>1</b>	<b>2</b>	<b>3</b>
Chicken ala king With BP biscuit Carrots Banana Dessert	Please bring your own container to take home part of your lunch, if necessary.	Salisbury Steak Baked Potato Green Beans Peach Dessert
<b>8</b>	<b>9</b>	<b>10</b>
Fish Fillet Baked Potato Peas Carrot Cale		Cheesy Sausage Casserole Mixed Broccoli & Cauliflower Brookie Bars
<b>15</b>	<b>16</b>	<b>17</b>
Liver & Onions Hash Browns Beets Pecan Dessert	Get your reservation in early for the Christmas lunch.	Christmas Lunch Pork Roast and more. \$10 Blueberry Dessert
<b>22</b>	<b>23</b>	<b>24</b>
Tuna Casserole Peas & Carrots Date Dessert		Closed
<b>29</b>	<b>30</b>	<b>31</b>
Stuffed Shells Green Beans Cherry Dessert		Ham Au gratin Potatoes Mixed Vegetable Birthday Cake

## HAPPY DECEMBER BIRTHDAYS

2 Gwen Mikish  
16 Sharon Foote  
17 Gary Leibke  
20 Pat Titterud  
20 Peter Wojciechowski  
21 Peter Oswald  
22 Nancy Runquist  
24 Bev Staples  
25 Genevieve Rossi  
28 Michael Ubl  
30 Jan Barber



## Birthday Meal

On the last Wednesday of each month, we celebrate all member birthdays from that month. If you are present for the meal, you will receive a coupon for a free future meal on Monday or Wednesday.



If you are ill or think you're coming down with something, PLEASE stay home. There are many people who are immune suppressed or fighting other illnesses. They may not be able to fight off what you have. THANK YOU!





### FROM THE PRESIDENT:

December is a busy month with holidays, relatives and year's ending tasks. December, according to some sources, is the most stressful month of the year. You have to plan for the holidays, the weather is getting colder, and who is having the Christmas get together. Do we buy presents for the third cousin on you spouse's side? Do we say never mind to it all and go on a warm vacation someplace? Who is shoveling the driveway and sidewalk? How do we pay for anything and everything we decide to do? The daytime is short and nighttime is long.

I don't have the answer for you.

Take a minute to sit down and enjoy your favorite beverage with your favorite persons and remember what Christmas is about! If the turkey gets burned it will add to the stories for next year. If someone gives you static for something, you know who will have the assignment next year. Some of the people we have this

Christmas, we may not have with us next year. Enjoy all people and friends while you can!

By Christmas the daylight time will start to increase and your friends and neighbors will be telling you about the super warm place where they vacationed.

Oh oh, the Vikings just lost the game on Sunday as I write this. We will win the big game next week, or next year or ? Super Bowl???

-John

### Board of Directors

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### WE COUNT OUR BLESSINGS!!!

During the holiday season we are especially reminded to "COUNT OUR BLESSINGS"

Special thanks to our many dedicated and loyal volunteers who helped us out at our events in 2025 with all the tasks including setting tables, kitchen work, receptionist work, cooking, planning, clean-up, setting up tables and chairs and more. And all of those that help get the newsletter out the door, or volunteered by keeping track of our money. And of course, our Board Members!

**REMEMBER**, it's volunteers who keep the Senior Center going. We only have one paid person (the cook). So a big round of applause to all who continue to volunteer at the Ham Lake Senior Center!!!

PLEASE, sign up to be a volunteer!!!



#### Attention Snowbirds!

Before you take off for warm climates, please call and let us know when you will be gone. Newsletters are sent in bulk mail and if non-deliverable we have to pay .73 when they come back to us because they don't forward them.

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**Vet coffee on Monday morning at 9am.**



**Red Cross Blood Drive**

**@ Ham Lake Senior Center**

**Tuesday December 23, 2025**

**10am-3pm**

**Register Now. [redcrossblood.org](http://redcrossblood.org)**

AARP Tax-Aide will be available at HLSC again in 2026. Call for an appointment starting January 15,

5	9	2	3	8	6	7	1	4
4	7	1	2	9	5	6	3	8
6	8	3	7	4	1	5	2	9
9	5	7	1	2	8	3	4	6
8	2	6	5	3	4	9	7	1
3	1	4	6	7	9	2	8	5
2	6	9	8	1	3	4	5	7
1	3	5	4	6	7	8	9	2
7	4	8	9	5	2	1	6	3



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