

WELCOME!

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Issue 26

Address

15544 Central Ave. NE Ham Lake, MN 55304

Phone

763-434-0455

Office Hours

Mon – Thurs: 8:00am to 3:30 pm

Website

www.ci.ham-lake.mn.us/ community/senior/home

Email

hamlakeseniorcenter@yahoo.com

Ham Lake Senior Center is a non-profit corporation. Our support comes from fundraisers and donations. All donations are greatly appreciated.

SENIOR DINING

Monday & Wednesday @ noon. \$7 for 55 and older, \$10 for anyone else. Please call by Wednesday for Monday reservation and by Monday for Wednesday reservation.

Please Support our Advertisers



General Membership Meeting February 11, 2025 Noon

Free pizza lunch followed by the membership meeting.

Be sure to check out the information regarding free tax assistance that will be provided at the center. You can start making appointments on January 15th. You must come into the center and get a form that needs to be filled out completely before your appointment time. You need to bring your documents and the completed form to the appointment. We have been advised that the preparer will end the appointment if these forms and documents are not filled out or brought with. It would then require another appointment to be made. Appointments fill up fast, so get your appointment now.

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9			4	6			5	
			8			1		
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0	6	9	3					5
	0	8			7			
8	7			8	6			3
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SHOPPING Tuesday, February 11 Tuesday, February 25

Recipe Correction: Marion makes these so fast, she forgot to tell us one step.

Mounds Bars

22 graham Crackers, crushed

1/3 c melted butter

1/4 c sugar

Combine and press into bottom of 9x13 pan which was sprayed or lined with parchment paper.

Sprinkle with

7 oz flaked coconut and then pour **14oz can of sweetened condensed milk** over the top.

Bake at 350 for about 30 minutes or until slightly browned.

Melt

12 oz pkg of chocolate chips with1 T peanut butter. Spread over coconut layer.Cool slightly and cut into squares.

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Upcoming Defensive Driving Courses are being held by MHSRC (Minnesota Highway Safety **Research Center**)

For those 55 and older. Registration required. You will need to call 1-888-234-1294 to register for classes or go to https://www.stcloudstate.edu/continuingstudies/ mhsrc/55-plus/default.aspx

4 Hour Course: You need to take this every 3 years and time flies so make sure you are current. The fee is \$24 for the class.

2025 classes:

Friday, March 28th - 11am to 3pm Friday, May 23rd - 11am to 3pm Friday, August 8th - 11am to 3pm Friday, October 24th - 11am to 3pm

If you are 55 or over and take these courses, state law requires that your insurance company give you a 10% discount if you attend a 4 hour course every 3 years.



Always

wear a smile, because your smile is a reason for many others to

Smile:)

PROTECT YOUR CREDIT

To keep others from opening accounts in your name, put a credit freeze on your accounts at all three credit bureaus.

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FEBRUARY 2025

MON	TUES	WED	THURS	FRI	
the Senior Cent	to do and see a				
03	04	05	06	07	
9:00 am Vet Coffee 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise	9:30 am Wii Bowling 10:00 am Wood Carving 12 noon Senior Dining	9:00 am Exercise 12:30 pm 500 cards	9:00 am Board Meeting	
10	11	12	13	14	
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise Shopping Noon General Meeting	9:30 am Wii Bowling 10:00 am Wood Carving 12 noon Senior Dining 1:00pm Bingo	9:00 am Exercise 112:30 pm 500 cards 7:00 pm Jam Session	Closed	
17	18	19	20	21	
9:00 am - Noon AARP Income Tax	9:00 am Exercise	9:30 am Wii Bowling 10:00 am Wood Carving 12 noon Senior Dining 1:00pm Jam Session	9:00 am Exercise 12:30 pm 500 cards	Closed	
24	25	26	27	28	
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise Shopping	9:30 am Wii Bowling 10:00 am Wood Carving 12 noon Senior Dining-Birthday 1:00pm Bingo	9:00 am Exercise 12:30 pm 500 cards	Closed	

Ham Lake Senior Center Menu

Each week there is Senior Dining on Monday and Wednesday. RESERVATIONS ARE NEEDED. Please call 2 days in advance (Monday for Wednesday and Wednesday for Monday). The cost of the meals are \$7 for anyone over 55 otherwise \$10. Home Cooked Meals.

FEBRUARY 2025

MON	TUES	WED	
3	4	5	
Turkey Loaf Potato Vegetable Desert		Pork Chow mein Rice Dessert	
10	11	12	
Tuna Melt Chips Salad Dessert		Chicken Stroganoff over Noodles Vegetable Dessert	
17	18	19	
Closed		Meatloaf Potato Vegetable Dessert	
24	25	26	
Chili Cornbread Salad Dessert		Lasagna Garlic Bread Vegetable Birthday cake	
You can sign up for	Please bring		
You can sign up for any lunch as soon as you receive your newsletter.	Please bring your own take out dishes for taking extra food home.		

HAPPY FEBRUARY BIRTHDAYS

V^\$\$\$\$\$\$\$\$\$

2 Aggie Gazvoda

↓

44444

- 2 Mark Kvamme
- 6 Lynn Christenser
- 7 Paul Titterud
- 12 Thurman Doty
- 15 Colette Pearson
- 16 Fred McCallister
- 17 Mary Jo Hoch
- 23 Alice Ganter
- 23 Rarh Huntley
- 25 barb Huntiey
- 24 Leon Mager



Birthday Meal

On the last Wednesday of each month, we celebrate all member birthdays from that month. If you are present for the meal, you will receive a coupon for a free future meal.



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FROM THE PRESIDENT:

JFK became president of the USA in 1961. One of his famous quotes is "Ask Not What Your Country Can Do For You-Ask What You Can do For Your Country". Sixty-four years ago.

Today this motto is a thought for us. Our ages and infirmities that come with age limit what we can do. However, we can all do something. It may seem insignificant but is not insignificant to the person(s) we can help.

Our senior center is functioning well. Bills are paid, a new freezer installed, the cook stove repaired and working well. Year 2025 will bring us other challenges. We are working with the city doing some painting and repairing the tile flooring. We can always use more volunteers to help out.

Join us for good fun, food and entertainment.

Random thought – "I'm a little bit older, a little bit wiser(?), a little bit rounder" -John

Board of Directors

President - John Yttreness Vice President - Denny Hoch Secretary - Ruth Hayek Treasurer - Mary Jo Schultz At Large -Sharon Anderson Linda Siegler Aggie Gazvoda Renee Miller Do you have 3 hours per month or week? We still need volunteers to cover more hours to keep the senior center open longer.

Dear Mother Nature,
Having received my free
sample of winter, I would like
to cancel the remainder of
my subscription. Thank you.

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AARP Foundation Tax-Aide Assistance Program

Tax-Aide volunteers are taking appointments for the 2024 tax season which will run from Monday, February 10th to April 14th at the Ham Lake Senior Center by appointment only. You will need a separate appointment for each year's return you need completed.

The appointment scheduling line will be open starting January 15th. Appointments will be taken by the Ham Lake Senior Center. Please call 763-434-0455. If not answered, leave a message and we will return your call in the order received. All taxes will be done by appointment only.

Prior to your appointment, required documents need to be picked up at the Ham Lake Senior Center. Please fill out the forms prior to coming to your appointment. Collect all your tax documents including your prior year's tax return and bring all of it to your appointment. Everything must be filled out and documents present or you could be sent home. Please arrive on time (or 15 minutes early) for your appointment.

Just The Way You Are

A musical of classic love songs of the 60s and 70s celebrating Vanlentine's Day

When: February 13, 2025 Where: Sidekick Theater In Bloomington

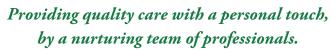
Time: Leave HLSC 10:15 am

Cost: \$64 includes lunch, play and

bus

Featuring musicians and vocalists performing hits from Elvis, The Righteous Brothers, The BeeGees, Carole King and more.

Reservations must be made by January 28, 2025 in order to get the tickets purchased.





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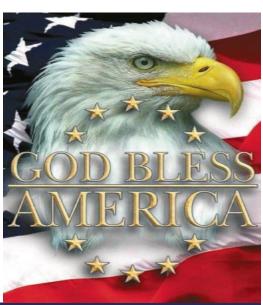


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