Free Community Meals

Please call ahead. Meals subject to change or cancellation.

Faith Lutheran Church

11115 Hanson Blvd. NW, Coon Rapid 763-755-3530

First Thurs, 5:00 - 6:00 pm

- Dine in or curbside pick-up

First Lutheran Church

1555 40th Ave. NE, Columbia Heights 763-788-9653 Sun, 11:00 am - 12:30 pm, Sept-May

Fridley United Methodist Church

680 Mississippi St. NE, Fridley 763-571-1526

Fourth Sat, 11:30 am - 12:30 pm

- Dine in or drive-thru pick-up

Glen Cary Lutheran Church

15531 Central Ave. NE, Ham Lake 763-434-5695

Third Fri, 6:00 - 7:00 pm

Mount Olive Lutheran Church

700 Western St., Anoka 763-421-3223

Wed, 5:30 - 6:15 pm

Redeemer Lutheran Church

61 Mississippi Way NE, Fridley 763-574-7445

Third Mon, 5:45 - 6:30 pm

St. Philip's Lutheran Church

6180 Hwy 65 NE, Fridley 763-571-1500

Wed, 5:15 - 6:00 pm

- Curbside pickup only

St. Stephen's Catholic Church

525 Jackson St., Anoka 763-421-2471

Third Sat, 5:45 - 6:30 pm

St. Timothy Lutheran Church

825 51st Ave. NE, Columbia Heights 763-571-9721

Second Tues, 5:00 - 6:30 p.m.

- Drive-thru pick-up only

Unity North Spiritual Center

11499 Martin St. NW, Coon Rapids 763-754-6489

January - October*

Fourth Thurs, 5:00 - 6:00 pm

- Drive-thru pick-up only

*No meals November - December

Transportation

Transit Assistance Program (TAP)

612-373-3333 | www.metrotransit.org/tap-riders \$1 fare on fixed route buses for lower income

Transit Link

612-602-LINK (5465) | www.transitlinktc.org Minibus or van that operates weekdays where fixed routes aren't available. Must be reserved in advance.

Metro Mobility

https://www.metrotransit.org/metro-mobility 651-602-1111, TTY: 651-221-9886
For certified riders with a health condition or disability who are unable to use fixed route buses.

Anoka County Traveler Fixed Routes

www.anokacountymn.gov/Fixed-Route-Buses 612-373-3333 | TTY: 612-341-0140 24 hour automated schedule call 612-341-4287

Food Resource Guide

Anoka County | 2025

GoAnokaCounty.Org



County-Wide Resources

Women, Infants & Children (WIC)

www.AnokaCountyMN.gov/Women-Infants-Children-WIC

763-324-4230 or Text AnokaWIC to 763-220-3366

Healthy food, nutrition counseling, and breastfeeding support for pregnant and postpartum women, infants, and children age 0-5 for those who qualify. Peer breastfeeding counselors available.

Hunger Solutions MN Food Helpline

1-888-711-1151 | www.hungersolutions.org call or text Monday-Friday 10am-5:00pm

Learn about free and low cost food resources in your neighborhood, including food shelves, Fare for All, farmers' markets, & free meals.

Anoka County Economic Assistance Department (SNAP/ Food Assistance)

www.AnokaCountyMN.gov/Supplemental-Nutrition-Assistance-Program 763-422-7200

Fare for All

763-450-3860 | www.fareforall.org

Pop-up grocery store offering discounted groceries, including fresh fruits, vegetables, and meats. No registration required.

Accepts: credit, cash, debit, or SNAP/EBT

Call or check website for locations and schedule.

ship

Commodity Supplemental Food Program (CSFP)

www.health.state.mn.us/people/csfp/index.html 763-422-0046

Eligible seniors (60+ years) receive a box of USDA commodity, shelf stable foods, including canned fruits, vegetables, meats, and grains.

Impact Services Meals on Wheels

www.mowAnoka.org/meals-on-wheels/763-264-4041

Meals served at lunchtime for seniors, pregnant women on bed-rest, people on short-term medical rest, and people living with disabilities or medical conditions. Serves Anoka County. Call or visit website to sign up.

Market Bucks at local farmers markets

Hunger Solutions. or g/programs/market-bucks/





Free Food Shelves & Food Distributions

Please call ahead for more information, times subject to change

ACBC Food Shelf

763-422-0046 2615 9th Ave. North, Anoka, MN 55303 Mon & Wed, 10:00 am - 3:00 pm Tues, 12:00 - 5:00 pm Thurs, 12:00 - 7:00 pm

Anoka Covenant Church

763-421-5194 752 Grant St., Anoka, MN 55303 Mon, 12:00 - 2:00 pm

Blaine United Methodist Church

763-757-2170 621 115th Ave. NE, Blaine, MN 55434 Thurs, 10:00 am - 12:00 pm

Centennial Community Food Shelf

763-784-2013 200 Civic Heights Circle, Circle Pines, MN 55014 Mon & Thurs, 4:00 - 6:00 pm

Coon Rapids United Methodist Church

Matthew 25 Food Distribution 763-755-6990 10506 Hanson Blvd. NW, Coon Rapids, MN 55433 Second Sun, 12:00 - 2:00 pm, Drive-thru only Food give away - Fri, 4:00 - 6:00 pm -Door open @ 3:00 pm

Grace Evangelical Free Church

763-784-7199 755 73rd Ave. NE, Fridley, MN 55432 **Second Fri**, 5:00 - 7:00 pm -Registration required

Grace Lutheran Church

763-421-6520 13655 Round Lake Blvd., Andover, MN 55304 Mon - Thurs, 9:00 am - 3:00 pm Emergency food shelf, by appointment only

Harbor Food Shelf at Faith Lutheran Church

www.faithlutherancr.org/the-harbor 763-755-3530 11115 Hanson Blvd. NW, Coon Rapids, MN 55433 **Last Wed,** 2:30-4:30 pm - drive thru **Select Thurs,** 3:00 - 5:00 pm- must have appointment Appointments can be made online or by phone

Hope for the Community at Hope Church

763-757-4266 1264 109th Ave. NE, Blaine, MN 55434 Thurs, 9:30 am - 5:00 pm - Drive Thru

Islamic Center of Minnesota

763-571-5604 1401 Gardena Ave NE, Fridley, MN 55432 Third Sun, 11:00 am - 1:00 pm - Pre-registration is recommended for new clients

Linwood Covenant Church Manna Market

651-464-1986 6565 Viking Blvd. NE Wyoming, MN 55092 **Second Thurs**, 4:00 - 6:00pm - Drive-thru only, register in car line.

Manna Market at Centennial Square

763-205-1035 3200 89th Ave. NE, Blaine, MN 55449 Wed, Registration @ 4:30 pm Distribution @ 5:00 pm Serving the Centennial Square Mobile Home Community in Blaine.

Manna Market at Fridley **Covenant Church**

763-571-1657 6390 University Ave. NE, Fridley MN 55432 Tues, 4:00 - 6:00 pm - Drive-thru only.

Manna Market at Substance Church

763-205-1035 8299 Central Ave. NE, Spring Lake Park, MN 55432 Mon & Thurs, 4:00 - 6:00 pm - Registration @ 3:00 pm Sat, 10:00 am - 12:00 pm - Registration @ 9:00 am

Muslim American Society Minnesota

651-457-7170 12175 Aberdeen St. NE, Blaine, MN 55449 Second Sat, 11:00 am - 1 pm New clients must bring a driver's license or other ID and request to fill out an application.

North Anoka County Emergency Food Shelf

763-434-7685 18511 Hwy 65 NE, Suite 200, East Bethel, MN 55011 Mon - 9:00 - 12:00 pm, 5:30 - 7:00 pm Tues - 5:00 - 8:00 pm

Wed - 1:00 - 4:00 pm **Thurs** - 9:00 - 12:00 pm

Way of the Lord Church

763-755-4800 804 131st Ave. NE, Blaine, MN 55434 Second and Fourth Tues - 2:30 - 5:30 pm Requires valid photo ID

Southern Anoka Community Assistance

763-789-2444 | www.sacafoodshelf.org 627 38th Ave. NE Columbia Heights, MN 55421

Mon, 9:00 am - 4:00 pm **Tues**, 8:00 am - 4:00 pm

Wed, 10:00 am - 6:00 pm

Thurs, 8:00 am - 3:00 pm

Appointments can be made online for the food shelf. Delivery service available for home-bound seniors and people with disabilities.

St. Phillip's Clothing and Food Shelf

763-571-1500 6180 Hwy 65 NE, Fridley, MN 55432 **Tues**, 10:00 - 11:30 am **Wed**, 5:00 - 6:30 pm Fri, 10:00 - 11:30 am

The Salvation Army Food Shelf

763-755-6873 1201 89th Ave. NE #2100, Blaine, MN 55434 Mon, Tues, Wed, Thurs, 9:00 am - 4:00 pm By appointment only, please call ahead.

Trinity Lutheran Church Manna Market

763-753-1234 3812 229th Ave. NW St Francis, MN 55070 Every-other Thurs, 5:00 - 7:00 pm - Drive Thru

