

2 Daylight Savings Time starts Sunday March 9. Turn your clocks forward.



SHOPPING
Tuesday, March 11
Tuesday, March 25

		7	2		8			
4			5				1	3
				3		8	6	
	8	6			1			4
1				4				2
9			3			6	8	
	5	9		8				
8	1				4			5
			7		2	1		

Recipe of the Month

Millionaire Pie

Makes 2 pies

- 2 - 9 inch graham cracker crusts
- 8 oz cream cheese
- 14 oz can sweetened condensed milk
- 12 oz frozen whipped topping (cool whip)
- 20 oz crushed pineapple, drained
- 1 1/2 c chopped pecans

Blend the cream cheese and sweetened condensed milk.
 Fold in the whipped topping.
 Gently stir in the pineapple and pecans.
 Pour into the pie shell.
 Refrigerate 3 to 4 hours until set.

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Ham Lake Senior Center, Ham Lake, MN

A 4C 02-1165

Upcoming Defensive Driving Courses being held by MHSRC (Minnesota Highway Safety Research Center) at Ham Lake Senior Center

For those 55 and older. Registration required. You will need to call **1-888-234-1294** to register for classes or go to <https://www.stcloudstate.edu/continuingstudies/mhsrc/55-plus/default.aspx>

4 Hour Course: You need to take this every 3 years and time flies so make sure you are current. The fee is \$24 for the 4 hour class.

2025 Classes

- Friday, March 28th - 11am to 3pm
- Friday, May 23rd - 11am to 3pm
- Friday, August 8th - 11am to 3pm
- Friday, October 24th - 11am to 3pm

If you are 55 or over and take these courses, state law requires that your insurance company give you a 10% discount if you attend a 4 hour refresher course every 3 years.

Property Tax Assistance

Tax preparers will be at the Ham Lake Senior Center on July 17, 2025 from 10AM to noon.

There are no appointments. First come, first served.

Days to celebrate in March

- 1 - Peanut Butter Lover's Day
 - 8 - International Women's Day
 - 9 - Daylight Savings Time Begins
 - 14 - Pi Day
 - 17 - St Patrick's Day
 - 18 - Sloppy Joe Day
 - 20 - First Day of Spring
 - 23 - Puppy Day
 - 28 - Respect your Cat Day
 - 30 - Take a Walk in the Park Day
 - 31 - Crayon Day
- Old proverb - A dry March and a wet May, fill barns and bays with corn and hay.



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MARCH 2025

MON	TUES	WED	THURS	FRI
3	4	5	6	7
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise	9:30 am Wii Bowling 10:00 am Wood Carving Noon Senior Dining	9:00 am Exercise 12:30 pm 500 cards	Closed 9:00 am Board Meeting Spring Ahead Time Don't forget to set your clocks ahead one hour before you go to bed Saturday.
10	11	12	13	14
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise Shopping	9:30 am Wii Bowling 10:00 am Wood Carving Noon Senior Dining 12:45 Bingo	9:00 am Exercise 12:30 pm 500 cards 7:00 pm Jam Session	
17	18	19	20	21
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise	9:30 am Wii Bowling 10:00 am Wood Carving Noon Senior Dining 1:00 pm Jam Session	9:00 am Exercise 12:30 pm 500 cards	Closed
24	25	26	27	28
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe	9:00 am Exercise Shopping	9:30 am Wii Bowling 10:00 am Wood Carving 12 noon Senior Dining— Birthday 12:45 Bingo	9:00 am Exercise 12:30 pm 500 cards	Closed
31				
9:00 am Vet Coffee 9:00 am - Noon AARP Income Tax 12 noon Senior Dining 1:00 pm Hand-Foot-Toe		PLEASE LET US KNOW... What you want to do and see at the Senior Center. There's a suggestion box waiting for your ideas.		Bingo is open to the public. Bring a friend. You can also sign up for lunch.

Ham Lake Senior Center Menu

Each week there is Senior Dining on Monday and Wednesday. RESERVATIONS ARE NEEDED. Please call 2 days in advance (Monday for Wednesday and Wednesday for Monday). The cost of the meals are \$7 for anyone over 55 otherwise \$10.

MARCH 2025

MON	TUES	WED
3	4	5
Sloppy Joes Tater Tots Vegetable Dessert		Crispy Ranch Chicken Potato Vegetable Dessert
10	11	12
Liver & Onions Or Goulash Vegetable Dessert		Tater Tot Casserole Vegetable Dessert
17	18	19
Sausage Patty Hash Browns Fruit cup Dessert		Spaghetti w/ Meatballs Garlic Bread Vegetable Dessert
24	25	26
Cheesy Chicken Broccoli Soup Salad Dessert		Pork Roast Potato Dressing Vegetable Birthday Cake
31		
Ham Cheesy Potatoes Vegetable Dessert		

HAPPY MARCH BIRTHDAYS

- 2 Sylvia Jacobson
- 7 Naomi Bowman
- 10 Mar Archambault
- 12 Constance Jeffers
- 14 Ann Phillips
- 15 Howard Courtney
- 15 John Graff
- 16 Bonnie Herr
- 16 Dennis Borle
- 17 Arnita Dobratz
- 17 Sandy Hanson
- 22 Earl Hansmann
- 22 Harry Bruder
- 24 Lynda Kane
- 24 Phil Stumo
- 25 Cindy Iverson
- 25 Renee Miller
- 27 Merete Duarte
- 29 Myrna Marcus



Birthday Meal

On the last Wednesday of each month, we celebrate all member birthdays from that month. If you are present for the meal, you will receive a coupon for a free future meal.

Bingo is open to the public. Bring friends for an afternoon of fun.



FROM THE PRESIDENT:

As you read this it will be March, as I write this it is February and snowing. Whoopee! The older I get, the more I despise winter. March means longer daytime, greening plants, planning your garden and enjoying a little warmer temperatures. Several board members are gone (for good reasons) during February, so a big thank you to all who pitched in answering the phone, answering questions and scheduling free tax appointments.

In March we plan to have the Ham Lake mayor join us for lunch, hopefully, on March 26. Final Date TBD

A couple months ago the Sheriff's office gave us an update on scams. The Attorney General's office will also be doing a presentation. Trying to schedule that for April. So watch your newsletter. There are so many new scams everyday.

Question to all members and attendees – What do you want information about or classes on at the senior center?

I encourage all to take advantage of the activities at the senior center – rain, snow or sunshine.

Random thought: Acronyms –TBD, IDK, IMO, FWIW, IIRC, IDC (Do you use them?)
-John

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ATTENTION SNOWBIRDS!!

When you return from warmer climates, please call the Senior Center 763-434-0455 and let us know you are home so we can get you back on the mailing list.

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Thank You!



THINK SPRING

Free to good home for someone in need - Battery powered wheelchair.

AARP Foundation Tax-Aide Assistance Program 2025

The Tax-Aide program utilizes the talents of IRS certified volunteers to complete free tax returns for members of our community concentrating on low-income 50+. All tax returns will be completed the same day following safety protocols set forth by both the Ham Lake Senior Center and AARP Foundation Tax-Aide.

Tax-Aide volunteers are taking appointments for the 2024 tax season which will run until April 14th at the Ham Lake Senior Center **by appointment only**. You will need a separate appointment for each year's return you need completed. Appointments are from 9am to Noon each Monday. Please call **763-434-0455**. If not answered, leave a message and we will return your call in the order received. All taxes will be done by appointment only.

Prior to your appointment, required documents need to be picked up at the Ham Lake Senior Center. **Please fill out the forms prior** to coming to your appointment. Collect all your tax documents including your prior year's tax return and bring all of it to your appointment. Please arrive on time (or 15 minutes early).

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3	6	7	2	1	8	5	4	9
4	9	8	5	6	7	2	1	3
5	2	1	4	3	9	8	6	7
2	8	6	9	7	1	3	5	4
1	3	5	8	4	6	9	7	2
9	7	4	3	2	5	6	8	1
7	5	9	1	8	3	4	2	6
8	1	2	6	9	4	7	3	5
6	4	3	7	5	2	1	9	8

MARCH 29



NATIONAL VIETNAM WAR VETERANS DAY



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